

7

NEXT STEPS AFTER YOUR APPOINTMENT

- Follow your provider's instructions
- Fill any prescriptions you were given, and take them as directed
- Schedule a follow-up visit if you need one
- Review your explanation of benefits
- Pay your medical bills
- Contact your provider or health plan with any questions

8

Decide if your provider is right for you

- Did you feel comfortable with the provider you saw?
- Were you able to communicate and understand your provider?
- Do you feel you and your provider could make good decisions together?



REMEMBER:
It is okay to change to a different provider!



WAHealthplanfinder.org



1-855-WAFINDER
1-855-923-4633



customersupport@wahbexchange.org



ROAD MAP TO

HEALTH



1

PUT YOUR HEALTH FIRST

- Staying healthy is important
- Maintain a healthy lifestyle
- Get your recommended health screenings and manage chronic conditions
- Keep all your health information in one place

YOU ARE
HERE
!

2

UNDERSTANDING YOUR HEALTH COVERAGE

- Check with your insurance plan to see what services are covered
- Be familiar with your costs (premiums, copays, deductibles, co-insurance)
- Know the difference between in-network and out-of-network

3

KNOW WHERE TO GO FOR CARE



- Know the difference between primary care and emergency care
- Primary care is preferred when it is not an emergency
- Use the Emergency Room for life-threatening situations

4

FIND A PROVIDER

- Check your plan's list of providers
- Do research on the internet
- Ask people you trust



5

MAKE AN APPOINTMENT

- Mention if you are a new patient
- Ask if they take your insurance
- Tell them the name of the provider you want to see and why you want an appointment



6

BE PREPARED FOR YOUR VISIT



- Have your insurance card with you
- Know your family's health history
- Bring a list of any medications you take
- Bring list of questions to discuss

ROAD MAP TO

HEALTH



ABOUT WASHINGTON HEALTHPLANFINDER

1-855-WAFINDER 1-855-923-4633

Washington Healthplanfinder is the online place for people and small businesses to find, compare and sign up for qualified health insurance plans.

WAPlanfinder



COVERAGE INFO ON THE GO
USE OUR MOBILE APP TO FIND IN-PERSON HELP NEARBY