

## Foomka Xaqiijinta Shaqada

Shaqsigu hoos ku xusan wuxuu codsadey caymis caafimaad jaban ama bilaash ah iyada oo loo marayo *Washington Healthplanfinder*. Waxaan u baahanahay caawimaadaada si aan u xaqiijino shaqada iyo dakhliga shaqsigu. Macluumaadka aad bixiso waxay ahaaneysaa mid qarsoodi ah waxaana kaliya loo isticmaalayaa in lagu go'aamiyo u-qalmitaanka caymiska caafimaad.

### Macluumaadka Shaqaalaha

Magaca hore	Xarafka hore ee magaca dhexe	Magaca dambe	Lambarka Damaannada Bulshada (Ikhtiyaari)
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### Saxiixa Shaqaalaha

Saxiixeyga hoose wuxuu oggolaanayaa siideynta iyo/ama xaqiijinta macluumaadka shaqadeyda.

Saxiixa Shaqaalaha <b>X</b>	Taariikhda saxiixa (mm/bb/ssss)
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### Qaybta Loo-shaqeeyaha

Fadlan dhammeystir kaliya qaybta 1,2, ama 3 iyada oo ku xiran xaaladda.

#### Qaybta 1: Shaqsigu kor ku xusan hadda wuu shaqeeyaa

Taariikhda shaqaaleynta (mm/bb/ssss)	Jagada Shaqada	Celceliska saacadaha toddobaad kasta
Mushaarka hadda \$	Soo-noqnoqoshada mushaar bixinta <input type="checkbox"/> Maalinle <input type="checkbox"/> Toddobaadle <input type="checkbox"/> Bille <input type="checkbox"/> 2 toddobaad kasta <input type="checkbox"/> Labo jeer/bishii <input type="checkbox"/> Si kale:	
Dakhliga guud ee dhabta ah ee bisha iyo dakhliga guud ee la filayo labada bilood ee ina xiga, oo ay ka mid yihiin lacagaha yar ee hawl qabad ahaanta loo bixiyo, gunnooyinka, iyo waqtiyada dheeraadka ah.		
Bishan: \$	Bisha 2: \$	Bisha 3: \$
Qor liiska isbeddel kasta ee laga filayo ee heerka mushaarka shaqaalaha gudaha 12 bilood ee ina xiga		Taariikhda Dhaqangalka (mm/bb/ssss)

Haddii shaqada shaqaalaha ay tahay mid xilliyeed ama teel-teel ah, fadlan muuji muddada shaqo ka firisinta

Shaqaalaha mala siiyey caymis caafimaad ee ka soo baxa heerarka caynsanaanta aasaasiga ah ee ugu yar?

Haa  Maya

**Haddii ay haa tahay**, maxay ahayd lacag-bixinta billaha joogtada ah ee laga filayey shaqaalaha? \$

Shaqaalaha ma diidey caymiska uu ka-faalo-qaadey loo-shaqeeyaha?  Haa  Maya

#### Qaybta 2: Shaqsigu kor ku xusan hadda ma shaqeeyo

Maalinta ugu dambeysa ee shaqada (mm/bb/ssss)	Waa maxay sababta ay u dhammaatey shaqadan? <input type="checkbox"/> Laga Fariisiiyey <input type="checkbox"/> Ka-tagey <input type="checkbox"/> Shaqada waxay ahayd mid aan joogto ahayn/xilliyeed
Shaqsigan ma waayay caynsanaanta caymis caafimaad iyada oo ay sabab u tahay shaqo waayid? <input type="checkbox"/> Haa <input type="checkbox"/> Maya	Haddii ay haa tahay, waa goormaa? (bb/mm/ssss)

#### Qaybta 3: Shaqada kor ku xusan wuxuu ku jiraa fasax, sida fasax maqnaansho ama fasax hooyonimo

Taariikhda la filayo in uu soo noqdo (mm/bb/ssss)	Shaqaalaha miyuu qaataa mushaar inta uu fasaxa ku maqan yahay? <input type="checkbox"/> Haa <input type="checkbox"/> Maya	Haddii ay haa tahay, waa meeqaa? \$
Shaqsigu ma leeyahay caymis caafimaad inta uu ku jiro fasaxa? <input type="checkbox"/> Haa <input type="checkbox"/> Maya		

### Saxiixa loo-shaqeeyaha

Magaca loo-shaqeeyaha	Magaca shirkadda				Lambarta telefoonka loo-shaqeeyaha
Cinwaanka wadada shirkadda	Lr. Guriga/Ste. #	Magaalada	Gobolka	Summadda Deegaanka	Degmada

Waxaan fahansanahay saxiixidda foomkan, in aan ku oggolaanayo in dhammaan bayaanada ay yihiin kuwo run iyo sax ah. Waxaan fahansanahay in macluumaadkan lagu haynayo kalsoonida ugu adag.

Saxiixa Loo-shaqeeyaha <b>X</b>	Taariikhda saxiixa (mm/bb/ssss)
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### U soo gudbi foomka:

Washington Healthplanfinder  
PO Box 946  
Olympia, WA 98507

## Discrimination is Against the Law

The Washington Health Benefit Exchange/Health Care Authority waxay u hoggaansantahay sharciyada xuquuqaha rayidka Dowlada mana midab soocayso midab takoor kusalaysan jinsiyad, midab, asal dhallasho, da', naafonimo, ama nooca uu qofku yahay. The Washington Health Benefit Exchange/Health Care Authority dadka uguma reebayso ama ulama dhaqmayso si dadka kale ka duwan sabab jinsiyeed, midab, asal dhallasho, da', naafonimo, ama nooc qofka ah darteeda.

Waxay sidoo kale Washington Health Benefit Exchange/Health Care Authority u hoggaansamayaan sharciyada dowlada la dabakhayo mana samaynayaan midab takoor kusalaysan asalo caqiido, nooc, hadalka nooca qofka ama shakhsiyada, jihayn galmo, xaalad guur, diin, xaalado ciidan ama halyeel hore oo si sharaf leh loo sii daayay, ama isticmaalka hagd ey tababaran ama adeeg xayawaan oo caawiyo qof naafonimo qabba.

The Washington Health Benefit Exchange/Health Care Authority:

### **Waxay bixisaa caawimaado bilaash ah iyo adeego la siiyo dadka qaba naafooyin si ay noogula xiriiraan si heer sare ah sida;**

- Turjubaano luuqada indhoolayaasha ah oo aqoon u leh
- Macluumaad qoran oo qaabab kale ah (far waaweyn, dhagaysi, qaabab qoraalo eliktaronig ah oo la heli karo, iyo qaabab kale)

### **Waxay bixisaa adeego luuqad bilaash ah oo la siiyo dadka luuqadooda asalka ahi aanan ahayn Ingiriisi, sida;**

- Turjubaano aqoon u leh
- Macluumaad ku qoran luuqado kale

Haddii aad u baahantahay adeegahan, laxiriir 1-855-923-4633.

Haddii aad aaminsantahay in Washington Health Benefit Exchange/Health Care Authority ku guuldaraysteen in ay bixiyaan adeegahaan ama loo midab takooray qaab kale, waxaad fayl cabasho u diri kartaa:

Washington Health Benefit Exchange Legal Department ATTN: Legal Division Equal Access/Equal Opportunity Coordinator PO BOX 1757 Olympia, WA 98507-1757 1-855-859-2512 Fax: 360-841-7653 <a href="mailto:appeals@wahbexchange.org">appeals@wahbexchange.org</a>	Health Care Authority Division of Legal Services  ATTN: Compliance Officer  PO Box 42700 Olympia, WA 98504-2700 1-855-682-0787 Fax: 360-586-9551 <a href="mailto:compliance@hca.wa.gov">compliance@hca.wa.gov</a>
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Waxaad u samayn kartaa faylka cabashada qaab shakhsiyeed ama qaab boosto, faakis, ama iimayl. Haddii aad u baahantahay in laguugu caawiyo fayl garaynta cabashada, Waaxda Sharciga the Washington Health Benefit Exchange Legal Department/Health Care Authority Division of Legal Services waxay diyaar u tahay in ay adiga kugu caawiso arintaasi.

Sidoo kale waxaad u samayn kartaa fayl cabasho xuquuqaha rayidka ah dhinaca Waaxda Adeegaha Caafimaadka iyo Bani'aadamka Mareykanka, Xafiiska Xuquuqaha Rayidka, qaab eliktaronig ah tooska bogga internetka Xafiiska Cabashada Xuquuqaha Rayidka, laga helo cinwaankan <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, ama qaab iimayl ama teleefoon halkan:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Foomamka cabasho waxaa laga heli karaa cinwaankan <http://www.hhs.gov/ocr/office/file/index.html>

ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you. Call 1-855-923-4633 (TTY: 1-855-627-9604).

Spanish - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-923-4633 (TTY: 1-855-627-9604).

Chinese - 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-855-923-4633 (TTY: 1-855-627-9604)。

Vietnamese - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-923-4633 (TTY: 1-855-627-9604).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-923-4633 (TTY: 1-855-627-9604)번으로 전화해 주십시오.

Russian - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-923-4633 (телетайп: ТТТ: 1-855-627-9604).

Tagalog - PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-923-4633 (TTY: 1-855-627-9604).

Ukrainian - УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-855-923-4633 (телетайп: ТТТ: 1-855-627-9604).

Cambodian (Khmer) - ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរសំរាប់ជំនួយផ្នែកភាសាដោយមិនគិតល្អល, គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-855-923-4633 (TTY: 1-855-627-9604)។

Japanese - 注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-855-923-4633 (TTY: 1-855-627-9604) まで、お電話にてご連絡ください。

Amharic - ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1-855-923-4633 (መስማት ለተሳናቸው: TTY: 1-855-627-9604)።

Oromo - XIYYEEFFANNA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-855-923-4633 (TTY: 1-855-627-9604).

Somali - MUHIIM AH: Haddii aad ku hadashid Af-soomaali, adeegaha caawimaada luuqada, ee lacag la'aanta ah, ayaad heli kartaa. Wac 1-855-923-4633 (TTY: 1-855-627-9604).

Arabic - ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-923-4633 (رقم هاتف الصم والبكم: TTY: 1-855-627-9604).

Punjabi - ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-855-923-4633 (TTY: 1-855-627-9604) 'ਤੇ ਕਾਲ ਕਰੋ।

German - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-923-4633 (TTY: 1-855-627-9604).

Lao - ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອ ອັດຕະໂນພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ຈະມີ ພ້ອມໃຫ້ທ່ານ. ໂທ 1-855-923-4633 (TTY: 1-855-627-9604).

French - ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-923-4633 (TTY : 1-855-627-9604).

Hindi - ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-923-4633 (TTY: 1-855-627-9604) पर कॉल करें।

Farsi (Persian) - توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-855-923-4633 تماس بگیرید.

Romanian - ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-855-923-4633 (TTY: 1-855-627-9604).