

Kaalmada Lacagta Joogtada ah ee Caymiska Daryeelka Caafimaadka ee Shaqaalaha Xarumaha Daryeelka Carruurta



Waxaad xaq u yeellan kartaa kayd dheeraad ah oo ku saabsan caymiskaaga caafimaadka!

Sannadka 2021, hay'adda sharci-dejinta gobolka Washington ayaa abuurtay barnaamij loogu talagalay shaqaalaha xarumaha daryeelka carruurta ee shatiilaha ah si aad u hesho caynsanaanta caymiska caafimaadka ee lacagtiisu tahay \$0 bil kasta. La-hawlgalayaasheenna ee Yakima Neighborhood Health Services ayaa kasta ee ku nool gobolka ka caawinaya in uu codsado barnaamijkan iyo in uu helo caymis.

Kumaa xaq-u-yeellan kara?

Fursaddan ayaa waxaa heli kara shaqaalaha:

- Ka shaqeeya xarunta daryeelka carruurta ee shatiilaha ah. Tani waxaa ka mid ah barnaamijyada daryeelka carruurta guriga qoyska, xarun ku saleysan, carruurta jirta da'da iskuulka, iyo kuwa ku saleysan bannaanka dabiiciga ah.
- Ka soo baxa shuruudaha dakhliga qoyska iyo kuwa kale ee barnaamijka.
- Isku-qor qorshaha caafimaadka Qalinka ah ee Cascade Care iyadoo loo marayo *Washington Healthplanfinder*.



Sida la isugu qoro

Wac ama iimayl u dir Yakima Neighborhood Health Services si aad caawimaad bilaash ah uga hesho caawiyeyaal tababaran. Fadlan bixi magacaaga koowaad iyo kan ugu dambeeya, lambarka telefoonka iyo waqtiga ugu wanaagsan ee la wacayo. Yakima Neighborhood Health Services ayaa kula soo xiriiri doonna waxayna kaa caawin doonnaan buuxinta codsi internet-ka laga buuxiyo oo loo marayo *Washington Healthplanfinder* si aad u aragto haddii aad u qalanto.

Wac: 509-574-0826

Iimayl-ka: cnavi@ynhs.org

Waxaad xaq u yeellan kartaa barnaamijyo kale, oo uu ku jiro caymis bilaash ah ama qiimihiisu yar yahay oo loo marayo Washington Apple Health.



Waxaa la heli karaa caawimaad luuqadeed oo lagu heli karo in ka badan 200 luuqadood.

wahealthplanfinder.org

1-855-WAFINDER

1-855-923-4633



washington
healthplanfinder

click. compare. covered.