

# Washington Health Benefit Exchange

Standard Plan Stakeholder Workgroup

First Draft of Standard Plan Designs August 20, 2019

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# Goals for Today's Discussion

- Walk through draft standard plan designs with you
- Solicit your feedback on plan designs
- Update you on next steps



# What's Happened Since Last Standard Plan Stakeholder Workgroup Meeting

- Received stakeholder feedback on policy questions posed to the group, summarized in separate document provided
- Wakely developed first drafts of standard plan designs, which incorporate feedback from stakeholder meetings
- Continuing to flesh out policy questions that will need to be addressed in standard plan designs
- Working closely with HCA and OIC on early stages of developing public option procurement



# Draft Standard Plans: Number of Standard Plans at Each Metal Level

 First drafts of standard plans include 2 plans per metal level for comparison purposes



- Two standard gold plans high actuarial value (81% AV) and low AV (77% AV)
- Two silver plans a 70% AV and a 71% AV
- Two bronze plans high AV (65% AV) and mid AV (62% AV)
- Goal was to provide meaningfully different plan designs at each metal level
- Exchange could identify one or more plans at a metal level as required, and could make some plan designs optional

Expect to finalize 1-2 standard plans per metal level

#### Draft Standard Plans: Services Before Deductible

- Draft plans place higher-value outpatient services before deductible to the extent possible, including office visits and some prescription drugs
  - Generic and preferred brand drugs before deductible in all metal levels
  - Silver plans includes primary care visits, specialist visits, mental/behavioral health and substance use disorder outpatient services, urgent care, and physical therapy
  - Bronze plan includes access to some services before deductible, including primary care, specialist, and urgent care visits
  - High-AV gold plan designed for a higher utilizer; e.g., includes pre-deductible coverage of outpatient surgery and all Rx categories



#### Other Features of Draft Standard Plans

- All benefit categories have standard cost-sharing
  - Any service categories not listed are subject to fixed co-insurance
- Draft silver plans set at mid- to higher-end of AV range, to maximize tax credits
  - Still allows room for non-standard plans to be submitted with a higher AV
- Gold and silver plans illustrate contrasting approaches to deductibles and use of co-pays vs. co-insurance
  - Higher AV silver and gold plans are co-pay models, lower AV silver and gold plans include more co-insurance
- Draft plan designs include one HSA-compatible bronze plan
  - Tradeoffs potentially lower premium, most limited coverage before deductible



#### **Estimated Premium Impacts**

- Wakely estimated how standard plan designs could impact current plan premiums
- Premium impacts across range of current plans estimated to result in:
  - Decrease of 9.7% to an increase of 4.8% at the gold level
  - Decrease of 2.2% to an increase of 1.6% at the silver level
  - Decrease of 3% to an increase of 5.2% at the bronze level
- For context, % of current enrollees in each metal level:
  - Bronze 37%
  - Silver 51%
  - Gold 11%



#### More on Estimated Premium Impacts

- What influences the range of potential premium impact?
  - Difference of standard plan AVs from current plan AVs
    - E.g., standard gold plans at high and low end of AV range result in a wide range of potential premium change
    - E.g., a current gold plan at 77% AV compared to the high AV gold standard plan results in a premium increase at the high end of the range
- Premium impact estimates will change as the draft plans are revised
- Will be doing more analysis to understand potential premium impacts
- These premium impacts projected by Wakely only affect first year
  - Future years will see adjustments for other factors, like risk and enrollment



## Policy Questions on Draft Standard Plans

- How do these standard plan designs address the needs of consumers of different income levels?
- Do the draft plans place the right services before the deductible?
- How do these standard plan designs address the needs of both higher and lower utilizers?
- Do the plans strike the right balance of deductibles vs. other cost-sharing (co-pays, co-insurance)?
- What are potential impacts of these plan designs that we're not thinking of?

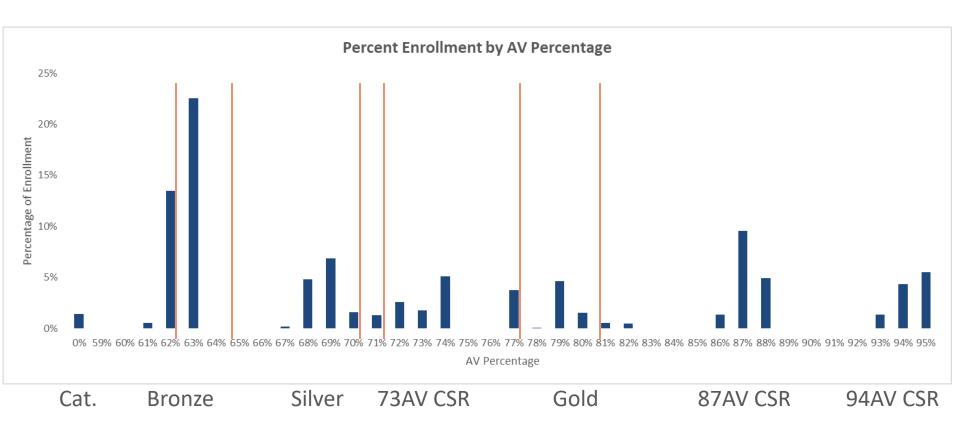


# Deeper Dive into Standard Plan Designs

- Prevalence
- Plans Overview
  - Services Before Deductible
  - AVs
- Pricing Estimates
- Questions/Discussion

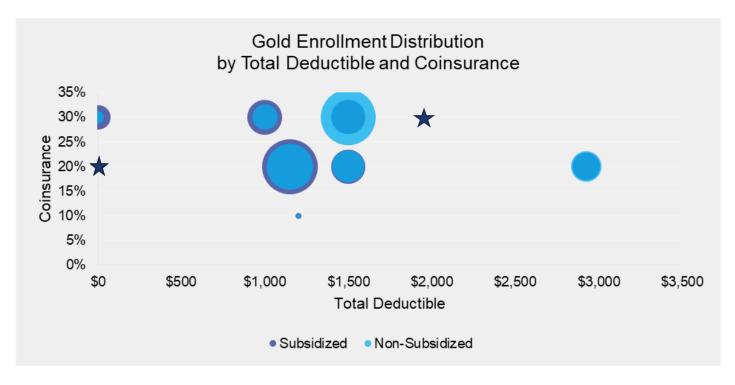








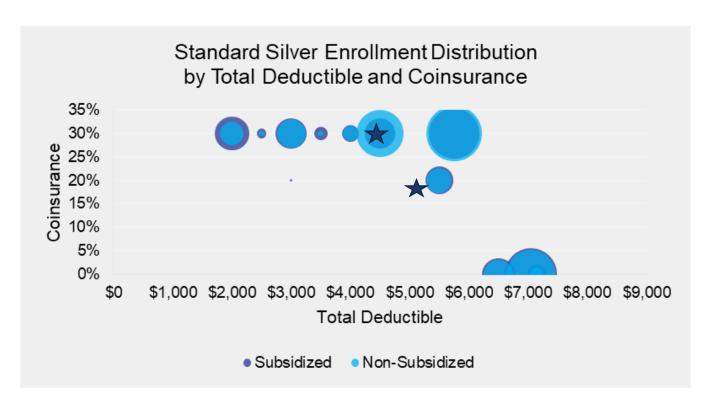








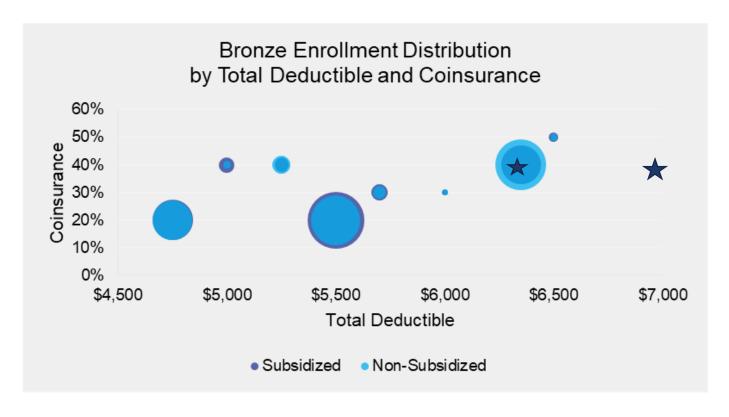


















- Services before deductible
  - PCP
  - Urgent Care
  - Generic Rx
- Services after deductible
  - ER
  - Specialty Rx





#### Standard Plans Overview

- Meet Consumer needs
- Plan details
  - Services before deductible
  - IP Copay per day versus admission, and limits
  - Specialty drug limits
- Exclusions not defined yet
- All other benefits get deductible plus coinsurance





# Standard Plan Designs Overview

Mostly copays vs Mix

Low and high plan

Footnotes:

No deductible for shaded

Gold 1: \$250 Specialty Rx max

Gold 2: IP copay per day, 5 max

Benefits	Gold 1 (77% AV)	Gold 2 (81% AV)
Integrated	Yes	Yes
Deductible (\$)	\$2,000	\$0
Coinsurance	30%	20%
MOOP (\$)	\$6,500	\$5,000
Emergency Room Services	30%	\$375
Urgent Care	\$65	\$65
*All Inpatient Hospital Services (inc. MH/SUD,Maternity)	30%	\$600
Primary Care Visit to Treat an Injury or Illness (exc. Preventive, and X-rays)	\$30	\$30
Specialist Visit	\$65	\$50
Mental/Behavioral Health and Substance Use Disorder Outpatient Services	\$30	\$30
Imaging (CT/PET Scans, MRIs)	30%	\$275
Speech Therapy	\$45	\$45
Occupational and Physical Therapy	\$45	\$45
Preventive Care/Screening/Immunization	\$0	\$0
Laboratory Outpatient and Professional Services	30%	\$55
X-rays and Diagnostic Imaging	\$45	\$55
Skilled Nursing Facility	30%	\$300
Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	30%	\$300
Outpatient Surgery Physician/Surgical Services	30%	\$55
Generics	\$10	\$15
Preferred Brand Drugs	\$50	\$55
Non-Preferred Brand Drugs	\$75	\$75
Specialty Drugs (i.e. high-cost)	50%	\$250
Ambulance	30%	\$375
All Other Benefits	30%	20%
Federal AV	77.13%	80.91%
Pricing Model AV	78.03%	83.07%

<sup>\* \$250</sup> max Specialty





# Standard Plan Designs Overview

More copays, higher ded

AVs similar

Room for non-standard

Footnotes:

No deductible for shaded

Silver 2: IP per day copay, 5 max

Benefits	Silver 1 (70% AV)	Silver 2 (71% AV)
Integrated	Yes	Yes
Deductible (\$)	\$4,500	\$5,000
Coinsurance	30%	20%
MOOP (\$)	\$7,500	\$7,500
Emergency Room Services	30%	20%
Urgent Care	\$75	\$60
*All Inpatient Hospital Services (inc. MH/SUD,Maternity)	30%	\$650
Primary Care Visit to Treat an Injury or Illness (exc. Preventive, and X-rays)	\$40	\$30
Specialist Visit	\$75	\$60
Mental/Behavioral Health and Substance Use Disorder Outpatient Services	\$40	\$30
Imaging (CT/PET Scans, MRIs)	30%	20%
Speech Therapy	\$60	\$30
Occupational and Physical Therapy	\$60	\$30
Preventive Care/Screening/Immunization	\$0	\$0
Laboratory Outpatient and Professional Services	30%	\$65
X-rays and Diagnostic Imaging	30%	\$65
Skilled Nursing Facility	30%	\$650
Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	30%	\$250
Outpatient Surgery Physician/Surgical Services	30%	20%
Generics	\$20	\$20
Preferred Brand Drugs	\$65	\$60
Non-Preferred Brand Drugs	30%	\$80
Specialty Drugs (i.e. high-cost)	40%	50%
Ambulance	30%	20%
All Other Benefits	30%	20%
Federal AV	70.33%	71.39%
Pricing Model AV	72.42%	72.70%

<sup>\*\*</sup> Putting IP N





<sup>\*\*</sup> Adding 5 da

# Standard Plan Designs Overview

**HSA lower AV** 

**Expanded Bronze** 

Separate med/Rx Ded

Footnotes:

No deductible for shaded

Benefits	Benefits Bronze 1 HSA (62% AV)	
Integrated	Yes	No
eductible (\$) \$6,350		Med = \$7000
Deductible (φ)	30,330	RX = \$500
Coinsurance	40%	Med = 40%
Consulance	40%	RX = 50%
MOOP (\$)	\$6,900	\$8,150
Emergency Room Services	40%	40%
Urgent Care	\$100	\$90
*All Inpatient Hospital Services (inc. MH/SUD,Maternity)	40%	40%
Primary Care Visit to Treat an Injury or Illness (exc. Preventive, and X-rays)	\$75	\$70
Specialist Visit	\$100	\$90
Mental/Behavioral Health and Substance Use Disorder Outpatient Services	\$75	\$70
Imaging (CT/PET Scans, MRIs)	40%	40%
Speech Therapy	\$75	40%
Occupational and Physical Therapy	\$75	40%
Preventive Care/Screening/Immunization	\$0	\$0
Laboratory Outpatient and Professional Services	40%	40%
X-rays and Diagnostic Imaging	40%	40%
Skilled Nursing Facility	40%	40%
Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	40%	40%
Outpatient Surgery Physician/Surgical Services	40%	40%
Generics	\$25	\$45
Preferred Brand Drugs	40%	\$85
Non-Preferred Brand Drugs	40%	50%
Specialty Drugs (i.e. high-cost)	40%	50%
Ambulance	40%	40%
All Oil D. C.		Med = 40%
All Other Benefits	40%	RX = 50%
Federal AV	62.25%	64.89%
Pricing Model AV	66.68%	70.42%





#### **Pricing Estimates**

- Federal AV Calculator for metal definition
- Wakely Pricing Model for relative pricing estimates
- Second Lowest Silver identification
  - Assume will be lower AV silver plan
  - Will depend on final pricing





## Questions/Discussions

- What is included in Specialty Drug? Is it always high cost drugs?
- What was assumed for non-standard plans?
- How may actual pricing vary from estimated?
- Does HSA Bronze plan meet HSA requirements?
- How do copays relate to average cost of services, especially for generic Rx and office visits?
- What is assumed for other services not specified in table?





## Questions/Discussions

- What benefit exclusions and non-EHB are included in draft plans?
- How does pricing reflect Washington market?
- Are IP and SNF copays daily or per admission?
- Are copays applied separately for multiple services in same medical episode?
- How is induced utilization estimated in pricing?
- What is assumed for formularies?





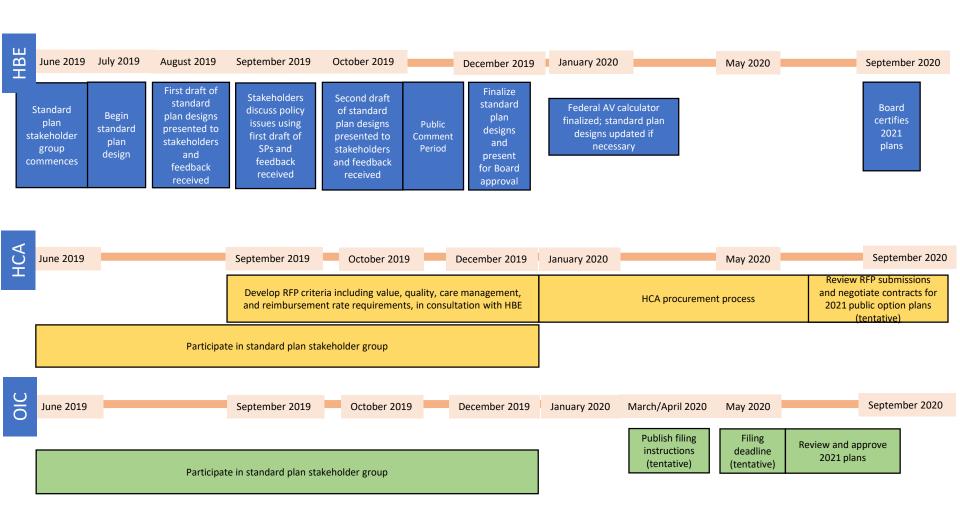
#### **Next Steps**

- Please provide us additional feedback to policy questions on slide 9 in next two weeks (due September 3)
- Next meeting September 24 in Seattle
- Will continue discussing first draft of standard plans
- Exchange investigating possible approaches for displaying new plans to consumers in 2021
  - Identifying options and soliciting stakeholder feedback



# Appendix

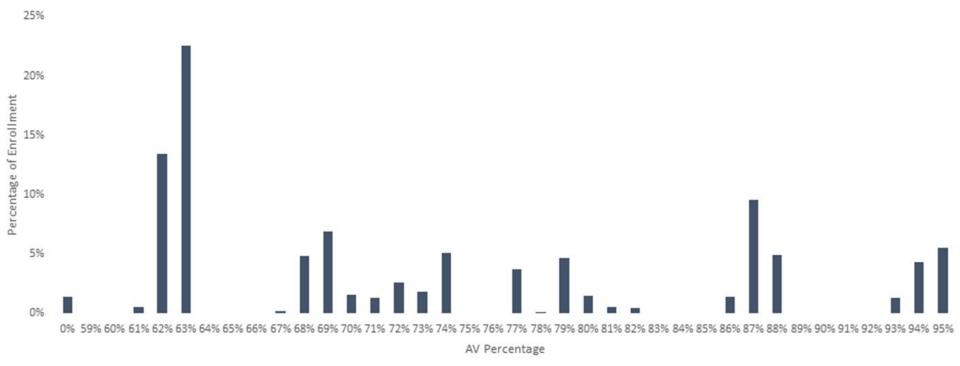
# Interagency Cascade Care Implementation Timeline



## Current Enrollees' AVs vs. Proposed Standard AVs

#### 2019 Enrollment:





#### Proposed Standard Plan AVs:

Gold: 77% AV, 81% AVSilver: 70% AV, 71% AV

Bronze: 62% AV, 64% AV



# Initial Stakeholder Workgroup Meeting

- Discussed policy considerations for standard plans that this group will consider, including:
  - How do we strike the right balance between deductibles and other out-of-pocket costs?
  - What services should be available before the deductible?
  - How should we incorporate co-pays vs. co-insurance?
  - Should we design a standard plan that is Health Savings Account compatible?
  - How should we use claims data to inform standard plan design?
- Discussed two policy considerations in more detail:
  - How many standard plans at each metal level?
  - How should we design silver standard plans to maximize tax credits?



# Stakeholder Workgroup Feedback - Themes

- Affordability is of universal concern
- Predictability Standard plans can help consumers budget for their health care needs by spreading cost-sharing over the year
- Incentivize good utilization through plan design
- First year is an opportunity to create a starting point, understand impacts, and adjust
- Balance create products that will work for lower health care utilizers and also those with chronic conditions and higher costs
- Have realistic expectations about what standard plans can achieve
- How products are introduced is critical important to minimize confusion and disruption that new products may cause to consumers and assisters



## Initial Carrier Workgroup Meeting

- Discussed technical plan design questions that this group will consider, including:
  - Which services should be subject to co-pay vs. co-insurance?
  - How should caps be used for cost-sharing limitations on certain benefits?
    - E.g., 3 outpatient visits at co-pay before deductible applies, \$ cap on specialty Rx
  - How to balance deductibles, co-pays and co-insurance, and OOP max?
  - How to ensure than Mental Health Parity requirements are being met?
  - How do standard plan design choices impact carriers' administrative costs?
  - Adverse selection considerations?
  - Premium impacts of draft standard plan designs?
- Discussed two policy considerations in more detail:
  - What benefits should be standardized?
  - What services should be provided before the deductible?



#### **Carrier Feedback - Themes**

- Standard plans can offer consumers transparency into costs and give consumers ability to compare plans on an apples-to-apples basis
- Keep it simple first year is an opportunity to create a starting point, understand impacts, and adjust
- Don't try to undertake too much with standard plans these plans won't solve all issues in individual market
- Incentivize good utilization through plan design
- Minimize market disruption that will be caused by new products
  - Consider ability to renew plans year-to-year
  - Important to display new products in a way that minimizes consumer confusion
- Important for carriers to be able to innovate through plan design
- Could be challenging for carriers to meet Mental Health Parity requirements in the standard plans



#### Policy Questions for First Draft of Standard Plans

- Question 1: How many standard plans at each metal level?
- What do other states do?
  - Most states only provide one required plan design at each metal level as well as an optional HSA plan at bronze
    - MA requires a low-AV gold option, higher AV gold is optional
    - CA has a co-pay and a co-insurance gold plan design, issuers pick one; requires one silver and one bronze (+ optional HSA bronze)
    - CT requires 2 standard silver plans; VT has an optional HSA silver
- Stakeholder feedback:
  - Two approaches start small, keep it simple vs. design multiple drafts for comparison purposes and then pare down
  - General agreement around landing on 1-2 standard plans per metal level
  - Some favored including HSA-compatible standard plan at bronze, some opposed



# Policy Questions for First Draft of Standard Plans

- Question 2: What benefits should be provided before the deductible?
- Different approaches in other states: CA goal is to place all outpatient services before deductible, MA includes some outpatient and some Rx
- Varies by metal level
- Stakeholder feedback:
  - Encourage appropriate utilization by placing certain high-value services before the deductible
  - Placing primary care, generic drugs and urgent care before deductible drives appropriate use
  - ER should not be before deductible encourages inappropriate use



#### Services Before Deductible – Silver Plan

Type of Benefit	California	Massachusetts	HBE 2018 Standard Plan Feasibility Study
Medical			
Emergency Room Services	Х		Х
All Inpatient Hospital Services (inc. MH/SUD)			
Primary Care Visit to Treat an Injury or Illness (exc. Preventive, and X-rays)	Х	Х	Х
Specialist Visit	Х	Х	Х
Mental/Behavioral Health and Substance Use Disorder Outpatient Services	Х	Х	Х
Urgent care	Х	Х	Х
Imaging (CT/PET Scans, MRIs)	х		
Speech Therapy	Х	Х	Х
Occupational and Physical Therapy	Х	Х	Х
Preventive Care/Screening/Immunization	Х	Х	Х
Laboratory Outpatient and Professional Services	Х		
X-rays and Diagnostic Imaging	Х		
Skilled Nursing Facility			
Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Х		
Outpatient Surgery Physician/Surgical Services	Х		
Prescription Drug			
Generics		Х	Х
Preferred Brand Drugs		Х	Х
Non-Preferred Brand Drugs			Х
Specialty Drugs (i.e. high-cost)			

# Three Different Types of Health Plans in the Exchange in 2021: Non-Standard Plans, Standard Plans, and Public Option Plans Non-Standard Standard Plans P

✓

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	Non-Standard Plans	Standard Plans	Public Option Plans (Standard Plans Plus)
Offered through the Exchange and eligible for federal tax subsidies	✓	✓	✓
Subject to full regulatory review by OIC, including network adequacy and rate	✓	✓	✓

review requirements

Includes Essential Health Benefits

quality, and customer service

program recommendations

Adheres to 19 Exchange certification criteria for QHPs

Exchange for each metal level (bronze, silver, gold)

Meets federal actuarial value requirements for metal levels

Some services guaranteed to be available before the deductible

Procured by HCA (Could result in one or more plans per county)

Caps aggregate provider reimbursement at 160% of Medicare

Medicare) and reimbursement of rural hospitals (101% of cost)

Carriers required to offer to participate in the Exchange

Allows consumers to easily compare plans based on premium, network,

Subject to a floor on reimbursement for primary care services (135% of

Requires carriers to offer a bronze plan (in addition to silver and gold)

Required to incorporate Bree Collaborative and Health Technology Assessment

Uses plan design with deductibles, co-pays, and co-insurance amounts set by

